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Girls Incorporated®
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For Immediate Release**GIRLS INC. AND TCU TEAM UP TO CELEBRATE
NATIONAL GIRLS & WOMEN IN SPORTS DAY**

ARLINGTON, TX, January 28, 2010 – Girls Incorporated of Tarrant County and Texas Christian University are celebrating National Girls and Women in Sports Day by hosting a free sports clinic for girls 5-18. The clinic will be held Saturday, February 6 from 10:30 a.m.-2 p.m. in TCU's Ed & Rae Schollmaier Basketball Complex. Girls will also attend the TCU vs. Air Force basketball game at noon and receive a t-shirt, food, and drink at no cost.

Athletes from TCU women's sports program will be demonstrating a variety of basic skills needed in various sports including basketball, volleyball, tennis, equestrian and more.

TCU and Girls Inc. of Tarrant County are hosting this event to celebrate the participation, success, and accomplishments of girls and women in sports. Although there have been many advances made in women's sports, high school girls still receive 1.3 million fewer sports opportunities than boys do. Schools also tend to spend less money on girls' sports programs compared to boys' programs.

National Girls and Women in Sports Day inspires girls to recognize and celebrate the accomplishments of women athletes who make a difference by overcoming difficult circumstances, breaking records and making anything possible.

Space for the event is limited and you must be pre-registered to attend. For information, please contact Carroll Burney at 817-468-0306 or email cburney@girlsinctarrant.org.

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Girls Inc. of Tarrant County is a nonprofit youth organization dedicated to inspiring all girls to be "strong, smart, and bold." We offer nationally researched programs that encourage at-risk girls, ages 8 to 18, to confront and master their physical, intellectual, and emotional challenges. Our self-confident, responsible and well-rounded girls participate in age-appropriate, after-school and summer educational programs. From its beginnings as the Arlington Girls Club, Girls Inc. has grown from serving eight girls in a borrowed facility to serving over 10,000 children and youth annually.

For more information about Girls Inc. contact Carroll Burney at 817-468-0306 or cburney@girlsinctarrant.org.