

Contact Information:
Carroll Burney
Director of Marketing
Girls Inc. of Tarrant County
817-468-0306
cburney@girlsinctarrant.org



**Girls Incorporated®
of Tarrant County**

For Immediate Release

**GIRLS INC. HOSTS 10TH ANNUAL SISTER 2 SISTER SUMMIT TO HELP GIRLS
BUILD A SUPPORT NETWORK WITH COMMUNITY ROLE MODELS**

ARLINGTON, Texas, April 22, 2008 – Tarrant County girls ages 8-17 are all invited to join Girls Inc. of Tarrant County for their 10th Annual Sister 2 Sister Summit, Saturday, May 3 at the Girls Inc. Center in Arlington. This annual summit helps girls build a support network of community role models and peers who are dedicated to girls' issues. This year's theme is "What's up with my Body," and will give the girls an opportunity to discuss the increasing role that sexuality plays in their lives and the society in which they live.

Topics include age appropriate discussions on puberty, drug abuse, risky behaviors, and an introduction to STD's. Discussion groups will be led by trained Girls Inc. staff members Patrice Scott & Dina Davis, as well as community health & wellness expert Beth Knudson. "We know that girls are faced with so many issues at much younger ages these days, and we want to give them knowledge so they can make the right choices when it comes to their health & well-being," says Dina Davis, vice president of program development. "Sister 2 Sister was created for the girls knowing that they don't always have someone to talk to and need to be able to talk about issues they face."

The summit is from 9 a.m. to 2 p.m. at the Girls Inc. Center, located at 600 New York Avenue in Arlington. Registration forms are available online at www.girlsinctarrant.org. For more information, please call Melissa Oden at 817-468-0306 or email to mstanfordoden@yahoo.com.

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Girls Incorporated of Tarrant County (Girls Inc.) has provided services for at-risk youth for 30 years. Our mission is to inspire all girls to be strong, smart and bold and to increase the social competence of girls and boys. Visit our website at www.girlsinctarrant.org or call 817-468-0306 for more information.